

SECTION VI - LEADER BASED TRAINING

* Place the date that initial training occurs

	DAYS														
	INITIAL *	30	60	90	120	150	180	210	240	270	300	330	360	390	420
SHARP / Unauthorized Relationships															
Army Suicide Prevention-ACE															
Resiliency Training Phase I															
Resiliency Training Phase II															
Resiliency Training Phase III															

SECTION VII - REQUIRED TRAINING (BTTL)

* Place the date that initial training occurs

	DAYS														
	INITIAL *	30	60	90	120	150	180	210	240	270	300	330	360	390	420
Army Values and History															
First Aid															
General Orders															
Land Navigation															
Customs, Courtesies, Traditions															
Military Time															
Phonetic Alphabet															
Rank Structure															
Voice Communication															

SECTION VIII - ADDITIONAL TRAINING

* Place the date that initial training occurs

	DAYS														
	INITIAL *	30	60	90	120	150	180	210	240	270	300	330	360	390	420
Anti-Terrorism															
Combat Trafficking in Persons (CTIP)															
Drill and Ceremonies															
Equal Opportunity															
Equipment of the US Army															
Personal Recovery															
Risk Assessment															

SECTION IX - HEIGHT / WEIGHT

HT / WT (Monthly)	Physical	30	60	90	120	150	180	210	240	270	300	330	360	390	420
HT / WT (BFM Weekly)	Physical	WK1	WK2	WK3	WK4	WK5	WK6	WK7	WK8	WK9	WK10	WK11	WK12	WK13	WK14
Male Neck Measurement															
Male Waist Measurement															
Male BFM															
Female Neck Measurement															
Female Waist Measurement															
Female Hip Measurement															
Female BFM															
HT / WT (BFM Weekly)	Physical	WK15	WK16	WK17	WK18	WK19	WK20	WK21	WK22	WK23	WK24	WK25	WK26	WK27	WK28
Male Neck Measurement															
Male Waist Measurement															
Male BFM															
Female Neck Measurement															
Female Waist Measurement															
Female Hip Measurement															
Female BFM															

SECTION X - DIAGNOSTIC APFT

(Diagnostic APFT will be administered Monthly to each Future Soldier)

	DAYS														
	INITIAL	30	60	90	120	150	180	210	240	270	300	330	360	390	420
DATE															
Push-Up: Repetitions / Score															
Sit-Up: Repetitions / Score															
2-Mile Run: Repetitions / Score															
APFT SCORE															

SECTION XI - LIFESTYLE INVENTORY

TIME IN DEP	FS Orient	30	60	90	120	150	180	210	240	270	300	330	360	390	420
(Mark the block that dictates the FS Time in DEP)															
RENEGOTIATION	YES/NO	REASON				DATE		IN-DEP MEDICAL			YES/NO	TYPE			DATE
SCHOOL INFORMATION	Credits Req for Grad	1-Sem Credits	2-Sem Credits	Grades D or F	Subject 1st Sem	Subject 1st Sem	Subject 1st Sem	Subject 2nd Sem	Subject 2nd Sem	Subject 2nd Sem	Days Absent	ABSENT 1st Sem	ABSENT 2nd Sem		